## 2018-19 SCHOOL BREAKFAST MENU



## 1% White or Fat Free Chocolate Milk or Non-Dairy Milk and Water Available at all meals Menus are subject to change



| Week Of | Monday  | Tuesday  | Wednesday   | Thursday                                   | Friday   |
|---------|---|--|---|--|--|
| 10-22   | Graham Crackers<br>Yogurt<br>Fresh Fruit<br>Milk                                    | Cold Cereal<br>Yogurt<br>Peaches<br>Milk                             | APPLE CRUNCH DAY Toast with Apple Butter Or Apple Cream of Wheat Yogurt Fresh Apples Apple Juice and Milk | Hot Cereal<br>Yogurt<br>Applesauce<br>Milk | Graham Crackers<br>Yogurt<br>Fresh Fruit<br>Milk |
| 10-29   | Graham Crackers Yogurt Fresh Fruit Milk NO SCHOOL APS SCHOOL-AGE AND PRE-K PROGRAMS | Cold Cereal<br>Yogurt<br>Pears<br>Milk                               | Toast with Jelly<br>Yogurt<br>Fresh Fruit<br>Milk   | Hot Cereal<br>Yogurt<br>Peaches<br>Milk    | Graham Crackers<br>Yogurt<br>Fresh Fruit<br>Milk |
| 11-5    | Graham Crackers<br>Yogurt<br>Fresh Fruit<br>Milk                                    | Cold Cereal Yogurt Mixed Fruit Milk NO SCHOOL E.I. PRESCHOOL PROGRAM | Toast with Jelly<br>Yogurt<br>Fresh Fruit<br>Milk   | Hot Cereal<br>Yogurt<br>Applesauce<br>Milk | Graham Crackers<br>Yogurt<br>Fresh Fruit<br>Milk |
| 11-12   | Graham Crackers<br>Yogurt<br>Fresh Fruit<br>Milk                                    | Cold Cereal<br>Yogurt<br>Applesauce<br>Milk                          | Toast with Jelly<br>Yogurt<br>Fresh Fruit<br>Milk   | Hot Cereal<br>Yogurt<br>Pears<br>Milk      | Graham Crackers<br>Yogurt<br>Fresh Fruit<br>Milk |